

# Lauriston Farm Limited

Charitable Community Benefit Society



GB-ORG-06



Lauriston Farm, Goldhanger, Essex, CM9 8AH

Tel: 01 621 788348 • Email: [socialfarming@lauristonfarm.co.uk](mailto:socialfarming@lauristonfarm.co.uk)

[www.lauristonfarm.co.uk](http://www.lauristonfarm.co.uk)

## Demeter Certified Beef and Lamb Price List

### Features:

100% pasture fed; slow growing rare breeds; four-year-old beef; excellent marbling; 16-month ram lambs; Demeter (Biodynamic) certified; organic certified; conservation grazing; salt marsh and ancient sea meadows.

### What you will be supporting:

Lauriston Farm is community owned; buying this produce supports our conservation work on SSSI estuary habitat, on farm education and our Social Farming Initiative to integrate adults with learning disabilities into all aspects of the farm work.

### Shetland Beef (5 years old)

Mince – 0.5 to 1kg bags, £10/kg

Stewing steak - typically 0.5kg to 1.5kg bags - £11/kg

Braising steak (shin/chuck steak) - typically 0.5kg to 1.5kg bags - £11/kg

Brisket Rolled Joint - typically 1.2kg - £12/kg

Topside Joint – 1.5kg to 2kg - £13/kg

Top Rump Joint – 1.5kg to 2kg - £13/kg

Silverside Joint – 1.5kg to 2.5kg - £13/kg

Single Rib Joint – 2.5kg to 3.5kg - £15/kg

Rump Steak – approx. 800g - £20/kg

Sirloin steak (two) – approx. 650g - £22/kg

Fillet Steak (two) – approx. 400g - £44/kg

### North Ronaldsay Lamb (16 months old, not castrated, salt marsh grazers)

Mince – approx. 0.3kg bags - £10/kg

Filletted Neck – approx. 0.3kg each - £10/kg

Stewing Chops – approx. 250g per pair - £11/kg

Chump chops – approx. 220g per pair - £13/kg

Neck chops – approx. 220g per pair - £13/kg

Shoulder Joint – 1.3kg to 1.9kg - £14/kg

Leg Joint – 1.3kg to 1.9kg - £15/kg

Half lamb – 5kg to 7.5kg, Whole Lamb 10kg to 15kg - £12/kg

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## **North Ronaldsay Mutton (min. six years old, salt marsh grazers)**

Mince – approx. 0.3kg bags - £8/kg

Filletted Neck – approx. 0.3kg each - £8/kg

Stewing Chops – approx. 250g per pair - £9/kg

Chump chops – approx. 220g per pair - £11/kg

Neck chops – approx. 220g per pair - £11/kg

Shoulder Joint – 1.3kg to 1.9kg - £12/kg

Leg Joint – 1.3kg to 1.9kg - £13/kg